

# Human Skills for AI – Leadership Edition

*Half-day intensive training – in-company, on-location*

## ***‘Lead the Change Before It Leads You’***

With the EU AI Act now in effect, every organization must ensure the safe and ethical use of AI — and that responsibility starts at the top. Yet, nearly half of companies report low trust in AI tools, often driven by fear, uncertainty, and risk aversion.

**So how can you, as a leader, confidently guide your team through this transformation?**

By developing the one element often overlooked in tech-driven change: **human skills**.

### **What’s it about?**

In an era of rapid transformation, the success of AI adoption doesn’t depend on technology alone — it depends on human skills. This interactive half-day training focuses on understanding and developing the human skills leaders need to navigate change, build trust, and foster co-creation between humans and AI.

We explore what’s holding leaders and teams back — from fear and perfectionism to resistance to change — and turn those blockers into levers for growth. You’ll leave with clarity, confidence, and practical tools to be a role model for AI integration in your organization.

*Note: This is an intensive, high-value kickstart — designed to build insight, awareness and the first confident steps. This isn’t just another training—it’s a high-value reset that gives you clarity and confidence to lead AI adoption.*

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### **What’s the structure?**

A balanced blend of short theory bursts (based on science), leadership reflection, interactive moments, and embodied practice:

- Check-in & introduction: human responses to change
- Growth Mindset Deep Dive: moving from resistance to adaptability
- Psychological safety & leadership presence
- Vulnerability as strength: leading without having all the answers

- Embodied confidence: feel leadership in your body, not just your head
- Human Skills Roadmap: what to focus on now, and what to grow next
- Final reflection, peer sharing, and take-aways

**After this training, you will...**

- Recognize mindset blockers in yourself and your team
- Create the psychological safety needed for AI adoption
- Understand how to lead with calm, presence and trust
- Act as a visible role model during change — without having to "know it all"
- Know which human skills to develop for future-proof leadership
- Take home tools and one clear commitment to act on right away

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Because AI-readiness isn't just about technology — it's about people.

**And it starts with you.**

Join us.