



Human Skills for AI – Professionals Edition

Half-day intensive training – in-company, on-location

‘Grow with Change – Don’t Just Survive It’

AI is transforming the way we work — and with it comes both opportunity and uncertainty. Maybe you’ve wondered: *Will my skills still matter in an AI-driven workplace?* Here’s the truth: the skills that make you human are more valuable than ever.

This energizing half-day training helps you not just adapt, but thrive in a changing workplace. It’s not about becoming a tech expert — it’s about understanding how AI affects your role and building the mindset, resilience, and confidence to stay relevant, in control, and ahead of the curve.

Through practical exercises, real conversations, and powerful mindset shifts, you’ll learn how to turn fear into curiosity, resistance into adaptability, and uncertainty into opportunity.

What You’ll Walk Away With:

- Clarity on how AI impacts your work — and how to keep your unique value
- Confidence to experiment, learn, and grow instead of resisting change
- A stronger mindset to navigate challenges and stay grounded under pressure
- Practical tools to boost your adaptability, empathy, and ownership at work

AI is shaping the future of work — but humans shape what matters.