



Meet your trainer – [Karina Klaassen, M.B.A. | LinkedIn](#)

Karina Klaassen is a dynamic leadership and workplace happiness expert with a rare blend of boardroom savvy, creative flair, and an MBA in Organisational Happiness (yes, that's a thing — and she lives it). She helps workplaces thrive from the inside out.

She knows transformation from the inside, too — turning burnout into brilliance, and a breakdown into a breakthrough.

As founder of **Happibuzz** and author of *Mind Your Confidence*, *Mind Your Business*, Karina redefines success — not as working harder, but as leading from authenticity, alignment, and joy. She delivers transformative workshops, coaches future-ready professionals, and brings brain science to life in her popular *7 Brain Rules* trainings with Folkerts & Smit.

Whether she's on stage, in the boardroom, or guiding a workshop, Karina blends **science, soul, and strategy** with a healthy dose of heart and humour.

Curious to see Karina in action? [Watch the video here.](#)

What do others say:

"You were the highlight of our team conference. My team loved you — and so did I. You made a tremendous impact." — Aegon Asset Management

"Even in a short time, you brought incredible positive energy and change."

"You are excellent at training people — and your authenticity makes you truly relatable."

Interested in booking? Contact Arno Folkerts at Folkerts & Smit — +31 6 13436947